

Taking an inner journey toward rejoining soul and role requires authentic relationships, a rare but real form of community that I call a “circle of trust.”

—Parker J. Palmer, *A Hidden Wholeness: The Journey Toward an Undivided Life*

Living With Authenticity, Integrity and Courage *A retreat for personal and professional renewal*

This retreat is grounded in the Circles of Trust® approach as described in Parker Palmer’s book, *A Hidden Wholeness*. It is intended for anyone who wants to live and work more wholeheartedly, connecting who you are with what you do.

Since 1997 the Center for Courage & Renewal has created a unique retreat-based approach to sustaining and renewing personal identity, professional integrity, and vocational vitality for people in all walks of life.

Where?

Alton L. Collins Retreat Center, 32867 SE Highway 211, Eagle Creek, Oregon (one hour from Portland)

When?

Thursday, March 19, 2020 (5:00 p.m.) through Saturday, March 21, 2020 (1:00 p.m.)

Who?

Teachers, principals and higher education professionals; clergy and lay leaders and others serving spiritual communities; members of the health and healing professions; non-profit and other community leaders, persons working in business and the arts and anyone who desires to sustain their “courage to serve. *We especially invite people who have attended retreats in the past to come and bring a friend. This is a wonderful opportunity to share Courage work with friends and colleagues and reconnect with the Courage community.*

Your Retreat includes:

- Two nights lodging (double occupancy) and six meals
- Three trained facilitators with 35 years of local and national experience, prepared by the Center for Courage & Renewal
- All materials and handouts





MEET YOUR FACILITATORS

Caryl Creswell carylcreswell@me.com has been involved with Courage & Renewal® work for the past eight years. She is a recorded Quaker pastor and pastored Quaker meetings for thirteen years. She currently attends West Hills Quaker Meeting. For the last 20 years she has worked with children in Godly Play, a religious education program which deeply values the spirituality of children. She is a leader in sharing Godly Play nationally and internationally with children and adults.

Jeff Creswell creswell@icloud.com has been facilitating Courage & Renewal® retreats since 2000 for clergy and congregational leaders, educators and cross-professional groups. He was a classroom teacher in Portland, Oregon for 32 years and is an educational consultant sharing the Scottish Storyline method with educators. He is a member of Trinity Episcopal Cathedral where he sings in the choir. He and his wife, Caryl, enjoy spending time with their blended family of eight children and four grandchildren.

Karen Noordhoff karennoordhoff@yahoo.com has been facilitating Courage & Renewal® offerings since 2000 for educators from PreK-12 and university settings, clergy and congregational leaders, and cross-professional groups. She is a former professor at Portland State University, in Portland, Oregon, with interests in spirituality and education. She and her husband, David, spend time in central Oregon where they walk the labyrinth at their cabin in the high desert called "The Clearing." Karen loves cooking, canoeing, cats and is pretty much crazy for anything French.

*Caryl, Jeff and Karen were prepared by the [Center for Courage & Renewal](#) under the guidance of Parker J. Palmer and are available to speak to small groups about this work. Please contact Caryl, Jeff or Karen at the above listed email addresses for more information.

FEE: \$775 paid by check or \$800 paid by credit card. Single occupancy may be available for a surcharge of \$75. Early bird registration discounted to \$750 by check or \$775 by credit card if paid by January 19, 2020.

Scholarship funds are available, please contact Caryl, Jeff or Karen.

The Center for Courage & Renewal is a nonprofit organization and admits participants of any race, color, disability, religion, sexual orientation, gender identity, national and ethnic origin to all the rights, privileges, programs, and activities and does not discriminate in administration of its programs, admissions policies, scholarships and financial assistance.

Past Participants Share...

"Rich, abundant, thought and heart-provoking."

"I loved the balance between self work & sharing with others."

"Heart-centered, soul-searching, uplifting, gentle yet demanding, strengthening, and full of gifts to take home and share with others."

"Empowering & encouraging."

"Fantastic! Restorative, surprisingly what I needed in ways I couldn't expect."

Register Now: Registration deadline is February 19, 2020. We expect this retreat to fill quickly. For more information or to register find us at couragecircleoftrust.org.